# 19<sup>th</sup> FRUCT Conference in Jyväskylä, Finland

## Introduction to University of Jyväskylä

The foundations of the University of Jyväskylä lie in the first Finnish-speaking teacher training college, Jyväskylä Teacher Seminary, established in 1863 by Uno Cygnaeus. Now the university is one of the most successful multidisciplinary research universities in Finland. The university has about 2,600 employees and our seven faculties host nearly 15,000 students from all over Finland and nearly 100 countries around the world. It also is one of the world's leading universities in the fields of learning and teaching. The Faculty of Sport and Health Sciences is the only one of its kind in the country.

The university has strong ties with top national and international research, business and innovation communities. In global rankings, research activity at the University of Jyväskylä is among the top three per cent of all universities. Our core fields include learning and teaching, basic natural phenomena and mathematical thinking, languages, culture and communities in global change processes, health and wellbeing, information technology and the human in the knowledge society.

#### Getting to campus

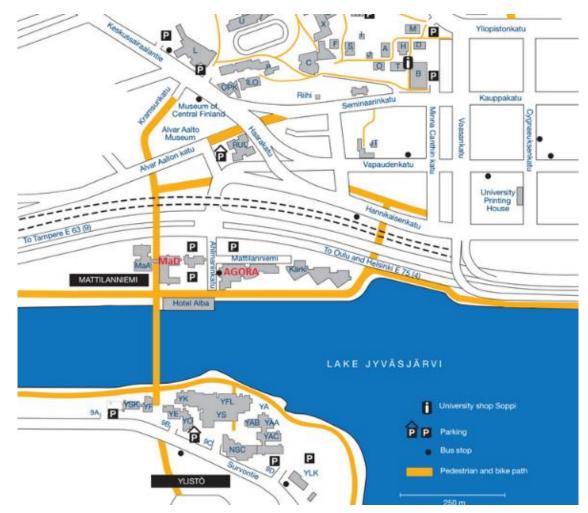
The conference venue is located in Agora Building at University of Jyväskylä's Mattilanniemi Campus, Mattilanniemi 2. The city bus station can be found between the Forum shopping centre and the station square on Vapaudenkatu 40. Buses number 5K, 5 and 20 stop at Agora building. A single ticket costs 3 euros. You can get to the campus by foot in 25 minutes from the centrum.

#### Locations

Auditorium 1 & 3 – Access from Agora lobby.

Lea Pulkkinen hall – Take the elevator of B-wing to the  $4^{th}$  floor and walk through the glass doors in front of you until the end of the corridor. Lea Pulkkinen hall is on your left side.

*MaD* 259 - To get to MaD building, exit the main doors of Agora building and turn left. Walk across the road and follow the pedestrian path beside the tile building until you see a bridge connecting two buildings on your left side.



MaD is on your left. The conference room is on the  $2^{nd}$  floor.

#### Lunch

Lunch will be served in the University canteen Piato, located in Agora lobby. You can choose a dish from four different choices; meat, fish, vegetarian and soup.

#### **Internet Access**

The University of Jyväskylä is an eduroam Wi-Fi location. Visitors whose institution uses eduroam Wi-Fi can use this service at the University of Jyväskylä. However, before arrival you are strongly advised to set up your laptop or smartphone for eduroam at your home institution. You should be able to log in using your home institution username and password. In some areas of the venue there is free access to agora-open network.

### Cash Machines

You can exchange currency effortlessly at Forex Bank in the city centre, Kauppakatu 7. Automated teller machines are located in the centrum, identifiable by orange "Otto" sign.

## Jyväskylä and around

Jyväskylä's compact city centre makes your congress experience as our guest even more rewarding. Campuses, vibrant city centre, hotels and event venues are all located within walking distance of one another, surrounded by beautiful lake scenery. Below you will find just a few of those many interesting points in Jyväskylä, and all except for the museums are free to enjoy:

Harju ridge and Vesilinna observation tower. Harju is a pine forest haven in the middle of the city with many beautiful paths and trails for pedestrians. The main route from the city centre to Harju runs through the majestic Nero stairs at the top end of Gummeruksenkatu. On top of Harju, Vesilinna tower serves as an observation tower with magnificent views in all directions, as well as the location of Vesilinna Restaurant and the Natural History Museum of Central Finland. Opening hours for the museum Tue-Fri from 11am to 6pm, Sat-Sun from 12 noon to 5pm. Opening hours for the restaurant Mon-Fri from 11am to 23pm, Sat from 12 noon to 23pm. Free entrance.

Jyväskylä Harbour, located in Satamakatu. From the conference venue, walk down the picturesque promenade beside the lake Jyväsjärvi to the harbour, just a short hop from the centre of Jyväskylä. Besides boats and sauna rafts, the harbour offers cafés, bike rental and boat cruises around the stunning lakes of Jyväskylä area. Most cruises leave in the afternoon and evening. The harbour café is open Mon-Sun 8am-11pm.

**Jyväskylä marketplace** offers a wide range of fresh vegetables and berries, fish, pastries and local handicrafts. A perfect place to try seasonal produce and local delicacies. Located in Yliopistonkatu 15. Open Mon–Fri from 6.30am to 6pm, Sat from 6.30am to 3pm

• Toivola Old Courtyard is one of the most unique attractions in Jyväskylä, taking you back in time to the late 19th century. Toivola Old Courtyard consists of seven beautiful wooden buildings, serving as artisans' workshops, boutiques and a museum. In addition they offer workshops, guided tours for groups, exhibitions and bike rental. Café Muisto serves light lunch and an impressive selection of fresh pastries and cakes. Located in Cygnaeuksenkatu 2, open Mon-Fri from 10am to 5pm, Sat from 10am to 3 pm. Free entrance.

• **Tourujoki Nature Trail** lets you experience the serenity of wild Finnish nature just a hop away from the centrum. Though being only 700m long, the trail and nature reserve give home to diverse variety of plants and small animals. The trail has many stairs, as well as duckboards. Located in Tourukatu 25, 30 minute walk from conference venue, 10 minutes from the centrum.

#### Museums:

o Alvar Aalto Museum focuses on fostering the heritage of Alvar Aalto, the famous Finnish architect and designer. All furniture in the museum is designed by Aalto. Located in Alvar Aallon katu 7, opening hours Tue-Fri from 10am to 6pm, Sat-Sun 11am to 6pm. Admission 6 EUR (regular) / 4 EUR (students, unemployed, senior citizens)

o Craft Museum of Finland\_is a partly interactive museum specialized in different techniques of handicraft, from house building to lace making. Some parts of the exhibition let you use all your senses - you can touch, smell and taste - and some give you a chance to do things for yourself. The

museum is also the centre for national costumes and textiles. From the museum shop you can find quality Finnish craft products and traditional souvenirs. Open Tue-Fri, Sun from 11am to 6pm, Sat 11am - 4pm, admission 6 EUR. Free admission for under 18's and on Fridays.

o Museum of Central Finland serves as the town museum of Jyväskylä and the provincial museum of Central Finland. Specializing in cultural history, the museum exhibits in a most illustrative way the history of Central Finland from prehistory to our time. Open from Tuesday to Sunday 11am-6pm. Admission 6 EUR/adult, 3 EUR/student. Free admission for under 18's.

o Jyväskylä University Museums, founded over a century ago, collects and exhibits material related to the past and the present of the University of Jyväskylä as well as the diversity of nature in Central Finland. The cultural history section is located in Seminaarinkatu 15 Building G, 10min walk from conference venue. Open Wed-Fri 12am-5pm, Sat 12am-4pm. The natural history section is located in Vesilinna observation tower, Ihantolantie 5. Open Tue-Fri 11am-6pm, Sat-Sun 12am-5pm. Free admission.

